

**Mailing Address:**  
4GIRLS Organization  
P.O. Box 41452  
Long Beach, CA 90803  
Email: inspiration4girls@gmail.com

**4GIRLS Workshop Date & Time**  
**March 23, 2019 • 8:00am-4:00pm**  
**March 24, 2019 • 10:00am-4:00pm**



**Location of Workshop:**  
Richard D. Browning High School  
2180 Obispo Avenue, Long Beach, CA 90805

**Application Due: February 22, 2019**

## GETTING INSPIRED – 4GIRLS Application

4GIRLS Organization does not discriminate on the basis of race, creed, ethnic or national origin, religion, disability or sexual orientation in the administration of its admission to the 4GIRLS Workshop. **Girls who have not participated in past 4GIRLS workshops will be given priority over past attendees.**

**REFERRED BY: (To be completed by school official or other person referring to workshop)**

Name: \_\_\_\_\_  
Position: \_\_\_\_\_  
School: \_\_\_\_\_  
Contact Number: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Date: \_\_\_\_\_

Any special accommodations for child re: physical or emotional needs? (please explain)

\_\_\_\_\_  
\_\_\_\_\_

**PARTICIPANT INFORMATION**

**What is your T-shirt size? (Circle one below)**

**(Please complete entire application.)**

XSmall Small Medium Large XLarge

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
School: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_  
Primary Language: \_\_\_\_\_ Primary Language Spoken at Home: \_\_\_\_\_  
Home street address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Email Address: \_\_\_\_\_

**Parent/Guardian Information**

Name(s): \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Address (if different): \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Email Address: \_\_\_\_\_

**Emergency Contact Information**

Name(s): \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Doctor's Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

**Please answer each question honestly and completely.**

1. Who lives in your home with you?

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2. What is your favorite MUSIC group/SONG? \_\_\_\_\_

3. What do you LOVE most about yourself (go ahead and brag)?

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4. What is the biggest CHALLENGE you are facing right now? \_\_\_\_\_

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5. What ACTIVITIES do you participate in outside of school?

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6. For you, what is most the EXCITING thing about going to high school? \_\_\_\_\_

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7. What WORRIES you the most about going to high school? \_\_\_\_\_

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8. Whom do you ADMIRE most in your life right now? \_\_\_\_\_ Why do you admire this person?

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9. What is one DREAM you have for yourself? \_\_\_\_\_

10. Please tell us ONE WORD to describe you. \_\_\_\_\_

11. Tell us WHY you think you should be selected to come to the 4GIRLS Workshop? (Use the back of this paper if you need more room to write.)

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12. If you attended the workshop in the past, what did you learn last year and how have you applied it in your life?

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